



PRABHUPAD GURUKUL

THE PLACE OF ABSOLUTE TRUTH

CO-CURRICULAR **ACTIVITIES MANUAL**

**NEP2020 Aligned | Holistic Development
Framework**

**Fostering Creativity , Character & Compassion
- The Path To Eternal Happiness**

Principal's Message

“The highest education is that which does not merely give us information but makes our life in harmony with all existence.”
– Srila Prabhupad

Dear Gurukulites,

At Prabhupad Gurukul, our vision of eternal happiness is deeply intertwined with the values we uphold — Humility, Integrity, Wisdom, Discipline, and Compassion. These values guide us not only in academics but also in all our co-curricular activities. We believe that true education goes beyond just learning facts; it is about creating harmony within ourselves and with others.

As Srila Prabhupad once said, education should teach us to live in harmony with the world. Our core values encourage our students to not only excel in their chosen activities but to build meaningful connections with the world around them. This harmonious approach helps in nurturing well-rounded individuals who contribute to society with humility, integrity, and wisdom.

Through our CCA program, we aim to shape the future leaders of tomorrow — individuals who are compassionate, disciplined, and equipped to make a positive impact on the world.

Let us work together to cultivate a culture of eternal happiness, where every child's journey is one of growth, learning, and contribution.

Warm Blessings !!

CO-CURRICULAR ACTIVITIES(CCA)

At Prabhupad Gurukul, Co-Curricular Activities (CCA) are an essential part of our holistic educational philosophy. These activities help students explore their potential, express themselves creatively, and develop life skills such as teamwork, leadership, and resilience. More importantly, they are an avenue to reinforce our core values — Humility, Integrity, Wisdom, Discipline, and Compassion. CCA encourages a spirit of camaraderie, learning, and personal growth, making it an integral part of the school experience. Our program is designed to complement the academic curriculum and help students build a strong character, leading them to a path of eternal happiness.

“EMPOWERING GURUKULITES TO LIVE EXTRAORDINARY LIVES :

BEYOND MERE SUCCESS, WE STRIVE FOR TIMELESS IMPACT”

OUR VISION :

 **Eternal Happiness** 

OUR MISSION :

1. **Embrace Vedic Values: Selflessness, teamwork, and perseverance.**
2.  **Cultivate Compassionate Global Citizens: Respect & celebrate diversity.**
3.  **Foster Inner Strength: Navigate life's challenges with resilience.**
4.  **Deliver Quality Education: With a scientific approach.**
5.  **Inspire Creativity and Adaptability: For thriving in a changing world.**
6.  **Nurture Individual Talents: For practical success.**
7.  **Promote Self-Reliance: Through skill development.**
8.  **Ignite Curiosity: About creation and the creator.**

Objectives & NEP 2020 Integration of the CCA Programme

Objectives

The Co-Curricular Activities (CCA) Programme at Prabhupad Gurukul is designed to complement academic learning by providing meaningful opportunities for the holistic development of every learner. Aligned with the principles of the National Education Policy (NEP) 2020, the programme aims to:

- * Promote holistic development of every child through balanced scholastic and co-scholastic experiences.**
- * Foster creativity, critical thinking, communication and problem-solving skills.**
- * Encourage experiential, activity-based and competency-based learning.**
- * Develop leadership, teamwork, confidence and responsible citizenship.**
- * Instil discipline, empathy, integrity and respect for cultural and ethical values.**
- * Promote physical fitness, emotional well-being and healthy lifestyles.**
- * Encourage appreciation of arts, culture, sports and innovation.**
- * Build environmental awareness and a spirit of community service.**
- * Identify and nurture the unique talents and interests of every learner.**
- * Prepare confident, compassionate and lifelong learners equipped with 21st-century skills.**

NEP 2020 Integration

The CCA programme reflects the vision of NEP 2020 by integrating experiential learning, multidisciplinary education, competency-based activities and value-based education into the school curriculum. Through literary, artistic, scientific, cultural, sports and community engagement activities, students develop essential life skills, creativity, collaboration and leadership while preserving India's rich cultural heritage and fostering global citizenship.

HOLISTIC ACTIVITY PLAN

NEP 2020 ALIGNED | 21st Century Skills Development

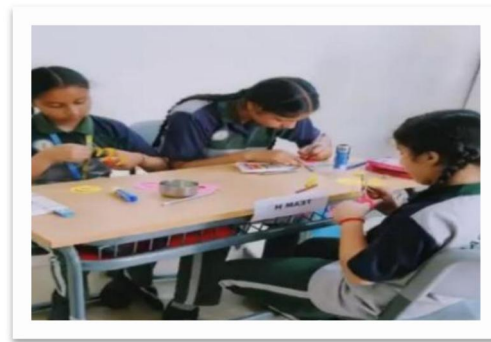
Learning Beyond Books - Nurturing Character, Creativity & Leadership

Month & Theme	Foundational (Playpen-II)	Preparatory (III-V)	Middle (VI-VIII)	Secondary (IX-XII)	21 st Century Skill Focus
 APRIL - Knowing Myself	Favourite thing talk / Folk Dance/ Seed Germination	Intro card making / Folk Dance/ Badge Making	Goal Setting worksheet/ Folk Dance/ Poster Making	Goal setting/ Folk Dance/ Poster Making	Communication Civic sense, Self awareness
 MAY - Expressions & Emotions	Family Tree Making	Gratitude Card Making	Creative writing/ Letter to Mother	Poetry on, family, Helpers	Creativity, Emotional literacy
 JUNE - Care for Nature	Plantation and Yoga	Plantation and Yoga	Plantation and Yoga	Plantation and Yoga	Environment awareness & wellness
 JULY - Think, Design & Create	Paper craft (Useful object)	Origami (utility - based)	STEM Model (Best out of waste)	STEM Innovation Model	Critical thinking, innovation
 AUGUST - Culture & Values	Rakhi Craft	Festival storytelling	Slogan writing	Slogan writing, self composed poems	Ethics & Values social skills
 SEPTEMBER - Focus & concentration	Hindi poem recitation, calligraphy, story telling	Hindi Calligraphy, poem recitation	Hindi Calligraphy, Story Narration	Advanced calligraphy/ KaviSammelan	Concentration, Communication
 OCTOBER - Creative Festivities	Diya Decoration	Thali Decoration	Decorative Item Making	Eco friendly festive Item Making	Creativity, Responsibility
 NOVEMBER - Healthy Me	Sandwich Making/ Hygiene Talk	Sandwich Making	Flameless cooking, nutrition plate chart	Flameless cooking, Nutrition awareness	Life skills, Decision Making
 DECEMBER - Confident Me (With Manthan)	Talent Hunt	Skill Projects	Skill Projects	Skill Projects	Confidence, Leadership
 January - Goal & Growth	New Year Resolution	Elocution	Elocution	Elocution	Civic Sense, Sustainability
 February - Team Play	Quiz competition	Group Quiz	Group Quiz	Group Quiz	Collaboration, Teamwork
 March - Reflection & Growth	Fun Fancy Dress	Memory chart	Year- End Reflection	Self Evaluation Sheet	Emotional intelligence.

CCA ACTIVITIES

Art & Craft Workshops

These workshops spark creativity and encourage students to express themselves. They also teach discipline and patience, as each student works through their artistic process with focus and care.



Performing Arts (Drama, Music, Dance)

Performing art provides students a platform to showcase their talents, build confidence, and understand the value of teamwork. These activities also emphasize Integrity and Discipline in preparation & execution.





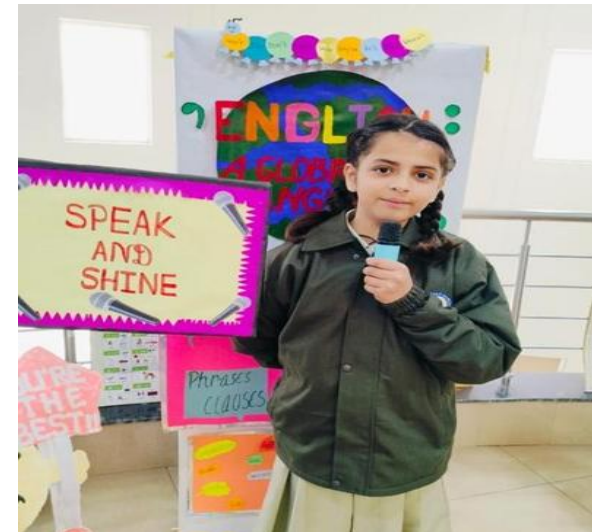
Visual Arts (Poster Making, Collage Making)

Students explore their creativity and express complex ideas through visual mediums. These activities foster Wisdom by encouraging deep thought and innovation while staying true to original ideas.



Literary Activities

Literary activities such as **Debates, Public Speaking, Poetry Recitation, Essay Writing** etc sharpen students' communication skills and cultivate Integrity in expressing their thoughts. Debates and public speaking help students gain Wisdom & learn how to articulate their ideas confidently.



Clubs

‘Every club, a world of exploration & excellence’

Clubs like Literary, Science, Eco, and Math provide students an avenue to collaborate, think critically, and explore their passions, while embodying Humility and Discipline.





COAL and PETROLEUM

COAL

Definition: A solid fossil fuel.

Uses:

- It is burned to generate electricity.
- It is used to produce synthetic natural gas.
- It is used to produce electricity in thermal power plants and for heating.

PETROLEUM

Definition: A liquid fossil fuel.

Uses:

- It is burned to generate electricity.
- It is used to produce synthetic natural gas.
- It is used to produce electricity in thermal power plants and for heating.

COAL

COAL is a solid fossil fuel. It is burned to generate electricity. It is used to produce synthetic natural gas. It is used to produce electricity in thermal power plants and for heating.

PETROLEUM

PETROLEUM is a liquid fossil fuel. It is burned to generate electricity. It is used to produce synthetic natural gas. It is used to produce electricity in thermal power plants and for heating.

USES

COAL is used for electricity, transport, and heating.

PETROLEUM is used for transport, heating, plastics, and petrol.

INDUSTRIES

HEATING

TRANSPORT

PLASTICS

PETROL

REFINERY

COAL MINE

TRUCK

CAR

PLANE

COAL

PETROLEUM

USES

INDUSTRIES

HEATING

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PETROLEUM

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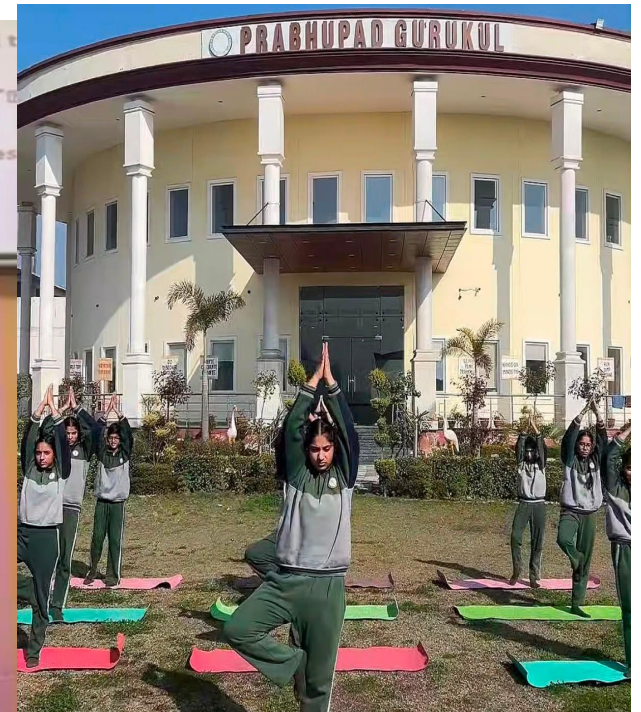
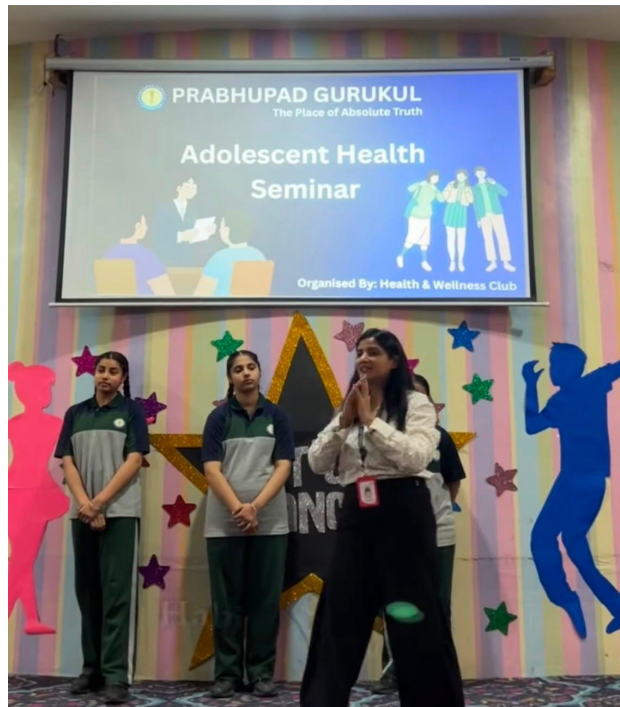
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Health & Wellness Programmes

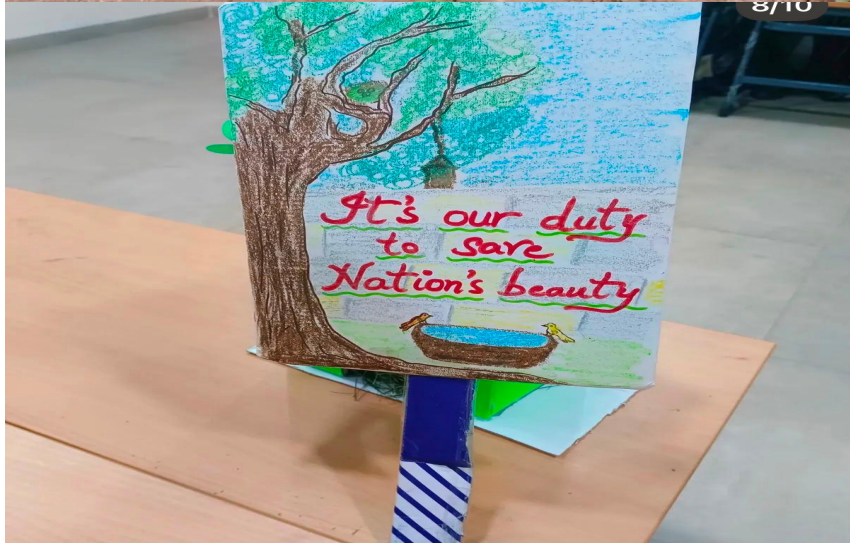
Health camps, awareness seminars, counselling sessions, health talks, and Mentor–Mentee meetings are conducted regularly to promote students' physical, mental, and emotional well-being. Programmes are organised in accordance with CBSE guidelines, including awareness initiatives on healthy living, nutrition, hygiene, and sugar awareness.





ENVIRONMENTAL ACTIVITIES

Students develop environmental responsibility through Earth Day celebrations, plantation drives, cleanliness campaigns, and eco-friendly competitions like bird feeder making.



BHARAT SCOUTS & GUIDES

“Be Prepared” – Guided by the motto of the Bharat Scouts and Guides, our Gurukulites developed leadership, discipline, teamwork and service through experiential learning.





SKILL EDUCATION : KAUSHAL BODH

Students develop practical life skills through hands-on, experiential learning, enhancing creativity, critical thinking, problem-solving, & real-world application of knowledge in accordance with CBSE's skill-based learning approach.





MATHS – MEASUREMENT

Sports & Physical Education

Physical activities such as Sports , Games, Yoga , Meditation build Discipline, teamwork & resilience. They also teach students to approach victory and defeat with humility & grace.





Competitions

Competitions encourage students to challenge themselves, fostering a competitive spirit grounded in Integrity. Whether in academics or the arts, students are taught the importance of fair play and mutual respect.





Celebrations & Observances

We celebrate a wide spectrum of Indian festivals and important national and international days to instill cultural pride, global awareness, and a sense of belonging. From Raksha Bandhan to Republic Day, from Nityananda Trayodashi to International Family Day, From Gaur Purnima to Mother's Day , From Narsimha Chaturthi to May Day, From Deepawali to Gurpurab and from Independence Day to International Yoga Day, our children learn to appreciate values, traditions, and causes that shape the world.



Signature Events : Aanandam & Manthan

These celebrations exemplify the values of Compassion and Humility, bringing students, teachers, and the community together in a shared experience of joy, culture, and tradition.

(Annual Cultural Show & Janmashtami Celebration)

AANANDAM- Amalgamation of Talent & Tradition







THE VAMAN LEELA





MANTHAN: Educational Fair

A Quest for Knowledge & Expression

An annual educational fair where students showcase concepts from all major and minor subjects through models, experiments, and presentations, promoting experiential learning, creativity, and real-life understanding.





DAY 3: WHERE EDUCATION MEETS ACTION - SPORTS DAY AT PRABHUPAD GURUKUL!



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Sankalp : Seva Project

(Anti Drug Campaign)

This community service initiative instills the value of Compassion and Integrity, encouraging students to give back to the community and take responsibility.





Excursions & Educational Trips

These trips help broaden students' worldviews, fostering Humility and Wisdom as they learn from real-world experiences. They foster humility, wisdom & Compassion as students explore new places , interact with people & learn beyond the classroom.





LIFE SKILLS & GROOMING SESSIONS

Students develop essential life skills through practical sessions on personal hygiene, safety, etiquette, self-care, and everyday tasks such as cloth folding, shoe lacing, bag organization, button stitching, vegetable cutting, table manners, and safety awareness, fostering confidence and independence.



VALUE EDUCATION & KTS SESSIONS

An integral part of the Gurukul system, Value Education and KTS (Know Thyself Sessions) nurture moral values, spiritual wisdom, self-awareness, discipline, empathy, and character, guiding students towards responsible and value-based living .



GURUKUL AMBASSADORS

The Gurukul Ambassadors programme develops leadership, responsibility, discipline, and a spirit of service by encouraging students to take active roles in school activities and lead by example.





Student Participation and Achievements

Our students actively participate in a wide range of CCA activities, showcasing their talents, learning from each experience, and excelling in various competitions and events. Their achievements reflect the values instilled through these activities and demonstrate their commitment to personal and academic growth.

Conclusion

“BEYOND ACADEMICS, WE BUILD LIVES”

At Prabhupad Gurukul, we believe that Co-Curricular Activities (CCA) are more than just a supplement to academics. They are an integral part of holistic education, allowing our students to grow in their skills, values, and character. Through these activities, we aim to foster an environment that nurtures eternal happiness, where every child has the opportunity to excel and contribute positively to society.